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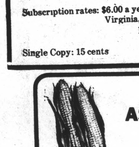

ASCS Today

By Tom Conrad

New Farm Tobacco Allotment or Quota - Farmers who would like to establish a new farm tobacco allotment or quota on a farm for the 1978 crop year have until February 15, 1978 to do so. To establish a new farm tobacco allotment or quota, you should stop by the ASCS office to file your application.

For a farm to be eligible for a new allotment or quota there are certain regulations that must be met and farmers should take into consideration the following regulations before applying:

1. Neither the owner nor operator shall own, have any ownership interest in, or operate another farm with an allotment or quota for the tobacco for which the application is filed.

2. The operator must own, or have readily available equipment and other facilities necessary for the production of tobacco.

3. The operator or each partner of the farming operation must expect to obtain more than 50% of his current year income from farming.

4. The farm must be suitable for the production of tobacco.

5. The applicant must have experience in producing, harvesting, and marketing tobacco by sharing in the crop as sharecropper, tenant, or operator during at least two of the previous five years on a farm having a tobacco allotment or quota.

If you have any questions or want to establish an allotment for a farm, please remember the February 15 deadline.

Grain Reserve Program With current market prices for wheat and feed grains being so low, there has been a lot of talk about the Grain Reserve Program. The Grain Reserve Program is set up for those farmers who have obtained price support loans and wish to extend their loan after it matures. It has the dual purpose of isolating supplies from the market place when supplies are excessive and returning these supplies to the market when prices improve.

Farmers can extend their matured grain loans for three years and receive storage payments in advance of 20c per bushel for wheat, corn, sorghum, and barley and 15c per bushel for oats. The grain can be stored on the farm or in commercial warehouses for the three years or until the release level is reached. For wheat, the release level is attained when the national average market price reaches 140 percent of the loan level. At this time the farmer is free to sell his grain without penalty. When the national market price is 175 percent of the loan level, the government will call in the wheat. In the case of feed grains, the release level is 125 percent of the loan and will be called in when the national average market price reaches 140 percent of the loan level.

To keep their grain in good condition during storage, farmers are allowed to rotate stock. If a farmer wants to take out the old grain and put in new grain, he's free to do that as long as he puts in the same quantity and quality.

To participate in the program a farmer must file a request for a price support loan no later than February 28, 1978 in the case of 1976 crop barley, oats, and wheat and March 31, 1978 in the case of 1977 crop barley, oats and wheat. For those farmers who already have wheat, barley or oats under loan, starting on March 1, 1978, these crops may be placed immediately into the Reserve Program.

This may be done even though the loan has not matured. The reason for this is so that program goals can be met by March 31, 1978. Participation will be on a first come-first serve basis until goals are reached.

Emergency Feed Program - Farmers in the county will be interested to knowing that the signup period for the Emergency Feed Program has been extended until February 15, 1978. Originally, the signup ended on January 30, 1978, but due to a change in the program provisions it has been extended until the February 15 deadline. If you have suffered a loss in the production of feed due to the drought, do not have enough feed to last until April 30, 1978, and are having to make feed pruchases in quantities larger than normal, then you may be interested in the program.

Burley and Fire-Cured Tobacco Producers - Burley and Fire-Cured tobacco producers are asked to return their marketing cards to the ASCS office when marketing is completed.

Employees Donate 467 Pints Of Blood At B & W Mt. Athos Facilities

LYNCHBURG - Employees at the Mt. Athos facilities of Babcock and Wilcox donated 467 pints of blood during a recent two-day visit by the American Red Cross Bloodmobile.

Of the employees who donated, 41 were first time givers. One gallon pins were presented to 37 employees and 9 received two gallon pins. A three gallon pin was awarded to William Ferguson and a four gallon pin to Clifford J. Siegrest, III.

Ms. Nellwyn C. Vaughan, Director of the Bloodmobile Program for the Metropolitan Lynchburg area said, "We are delighted at this response from B & W employees. These donations mean that we will be able to meet the needs of more than 50 hospitals in the Appalachian Region. The demand for blood is always great at this time of the year and unfortunately, bad weather has forced cancellation of some bloodmobile visits."

WRECK ISLAND CLUB PLANS MEETING

The Wreck Island Extension Homemakers Club will meet Feb. 15th at 11:30 a.m. in the home of Mrs. Rose Burnette for a covered dish luncheon.

Members are urged to make plans to attend.

The Pastor Speaks

GOD HAS PAID FOR YOU

"Have you forgotten that your body is the temple of the Holy Spirit, who lives in you, and is God's gift to you, and that you are not the owner of your own body? You have been bought, and at what a price! Therefore, bring glory to God in your body." (I Cor. 6:19-20 Phillips)

Paul is reminding the believers at the church in Corinth that the Holy Spirit had moved in "lock, stock, and barrel" into their lives at their conversion experience. Lest they forget, he also reminds them that now they do not own their bodies any more. Why? Because they have been bought (redeemed) by God and at what a price!

God knew that the pension fund man was to receive for a lifetime of sinning was spiritual death, eternal separation from God, better known as hell! "For the wages of sin is death . . ." (Romans 6:23a) What a paycheck to receive at the end of one's life! This kind of pay-day was conceived in the heart and mind of Satan when he tempted Eve in the Garden of Eden. But God would not be outdone. He decided that if it cost Him everything He had, He would defeat Satan and redeem His highest creation . . . man! The only thing left to do to save man from a horrible eternity was for God Himself to personally come and receive the wages of sin on behalf of man. So God came to man as a man in Jesus Christ, the only Begotten Son of God. Jesus Christ took all the sin of the human race upon His body and received the wages of sin, the death penalty. The price was paid once and for all, for man's freedom, so that those "who believe in Him might not perish but have everlasting life." (John 3:16). Now the choice is up to you! What will you receive at the end of your life - Satan's paycheck or God's gift of Eternal Life?

Clarence H. Davis, Pastor
New Hope Baptist Church
Appomattox, VA 24522

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THE BIBLE SPEAKS

International Uniform Sunday School Lessons

BY LAWRENCE W. ALTHOUSE

ARE YOU HAPPY?

Lesson for February 12, 1978

Background Scripture: Psalms 34; 37; 145.
Devotional Reading: Psalms 34:1-10.

It seems a simple enough question: Are you happy?

But try asking any number of people—friends, neighbors, fellow employees, even strangers—and you are likely to get very few direct affirmative answers. Of course, you'll probably not get many direct negative answers either (few people like to come right out and admit it in so many words), but the evasions and equivocations, the discussions of "What do you mean 'happy'?", and the long drawn out circuitous responses will lead you into a negative atmosphere.

Rev. Althouse

Singing praises

One rather candid man replied with surprising directness, saying: "No, but then I never expected to be happy either." I rather think that many people would agree with that statement if they were honest with themselves. Whatever it is that they expect of life, they are not looking for happiness. Despite how much our society talks about happiness, many people go through life without ever expecting to experience it on a long-term basis. Happiness, they think, is something one knows in rare moments—a promotion on the job, winning the lottery, feeling "good" on a birthday or anniversary, the birth of a child—but is not likely to be sustained beyond those special events.

Thus, many people are comfortable, successful, satisfied, resigned, adjusted, "more or less o.k.," but not happy. Even having fun and being able to laugh and "cut up" are not to be equated with happiness. Some of the most miserable people I have ever met are those who nevertheless manage to be "the life of the party." It is not unusual to find that the ever genial, always joking and laughing extrovert leaving a suicide note confessing deep despair.

Part of our problem may well be that people don't know what happiness is and therefore, not knowing, they cannot know how to find it. What is a happy person? The psalmist gives us a good picture:

Praise the Lord. O my soul! I will praise the Lord as long as I live. I will sing praises to my God while I have being. (146:2)

Happy is the man

The happy person is a person who praises God throughout his life. Let's make sure we understand the chronology. It is not so much a matter of one praising God because he or she is happy, but of being happy because one is able to praise God. What this means is that when we approach life thankfully, when we find the capacity to be in awe of something greater than ourselves, happiness is the likely result. So it is not a matter of focusing our life on the search for happiness, but of focusing it upon the goodness of God and finding happiness thrown-in!

Happy is he whose help is the God of Jacob, whose help is in the Lord his God (146:5)

So, are you happy?

(Based on outlines copyrighted by the Division of Christian Education, National Council of the Churches of Christ in the U.S.A. Released by Community Press Service.)

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IMPORTANT! Even pre-schoolers can be taught to pick up the phone and dial "Operator". Your child is never alone if trouble does strike.

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Appomattox, Va.

ROCKS

FEB. 6 - More Ground Hog weather. No trouble for it to snow since he saw his shadow on Thursday. Maybe we've had enough cold weather but spring may be a long way yet.

Mrs. Minnie Taylor entered Va. Baptist Hospital last Monday. A speedy recovery is wished her.

Otis Ranson is back home from Lynchburg General Hospital. Hope he is improving fast.

Weslene Woodridge has returned home from the hospital.

Congratulations to Aubrey Ranson, who won a birthday certificate from C & V Market at Appomattox on Friday. Hope he has many more birthdays.

Mr. and Mrs. Samuel Martin left Friday to attend the Young Farmers and Young Homemakers Convention at Hotel Roanoke, returning on Saturday afternoon.

Congratulations to Mrs. Dolly Cawthorn who won the birthday certificate from C & V Market at Appomattox on Saturday. Hope she has many more birthdays.

Glad to hear Audrey Hamilton is at home after surgery on Monday.

A sad note was sounded at Rocks Sunday morning when it was announced that Rev. Durwood Fox of the Eastern Shore passed away on Saturday. He was a pastor of the Pamplin Baptist Church before he left in the summer.

We welcome Mrs. Margaret Marshall back in our Rocks community. She is with Mrs. Lockie Martin. Just a little further up the road from where she had been for almost 14 years.

Some of the ladies were doing quilting last week.

Several of the associational V.B.S. leaders went to Eagle Eyrie on Friday and Saturday for the meeting that was held.

Congratulations to Sammy Martin who won the 2500 Brandon Silo Award at the Young Farmers Convention held in Roanoke at the closing session.

Sorry to hear Mrs. Edna Covington is in Lynchburg General Hospital again for surgery. Hope she may have a very speedy recovery.

The Pastors' Conference and WMU Council meeting of the Appomattox Association was held at Rocks today (Monday) as scheduled in spite of the snow.

Rev. Durwood Fox will be buried on Wednesday at Front Royal. Sympathy is extended his loved ones.

Get well wishes to Lina Richie of Pamplin who fell last week and broke her wrist.

HOLLYWOOD

Mrs. Mildred Alvis and Mrs. Edith O'Brien were visitors of Mrs. J. L. Torrence Sunday afternoon.

Mrs. Claude Hamlet and Brenda of Hurt visited Mrs. Hamlett's mother Mrs. Virgie Beasley of the Martin Wooldridge Nursing Home Saturday. Mr. Grover Beasley Jr. visited Mrs. Beasley Sunday.

Little April Watson spent a few days last week with her grandparents Mr. and Mrs. W. H. Wingfield and family.

Mr. and Mrs. Andy Davis visited Mr. Davis' employer in the hospital in Charlottesville Sunday afternoon.

Mr. and Mrs. Thomas Woodall and Lisa spent the weekend in Covington vbisiting relatives.

Mr. and Mrs. Lawrence Woodson visited Mr. and Mrs. L. L. Webb and family Thursday.

We are so glad to hear Miss Janie Woodson is back home from the hospital and is improving.

Mr. Walker Webb visited Mr. H. W. Jenkins one afternoon last week.

Mr. and Mrs. W. H. Wingfield and daughter Julia were visitors in the home of Mr. and Mrs. Billy Inge Saturday night.

We are very sorry that Mr. Kenneth Deanear is really sick with the flu. We pray he may soon be well. Mrs. Mary Babgy had to have the doctor witrh her Sunday. She has had an attack of arthritis.

We were very sorry to hear of the death last week of Mr. Walter Francis O'Brien of Prospect. Out love and sympathy are with his loved ones.

Mr. L. L. Webb, Miss Joyce Webb, Miss Odell Webb and Mrs. Lawrence Woodson visited Mrs. Beulah Morris and family Thursday. We pray Mrs. Morris may soon be feeling better.

Little William Watson is back from the hospital and is improving nicely after having his tonsils removed last week. Mr. and Mrs. W. H. Wingfield and Julia Wingfield visited him on Thursday night in the hospital.

Visiting Mrs. Mary Babby during the weekend were Mr. and Mrs. Andy Davis, Mrs. Kenneth Deaner, Mrs. Bill Watson and April, Mr. and Mrs. W. H. Wingfield, Miss Julia Wingfield and Mr and Mrs. Thomas Woodall and Lisa.

More snow came Sunday night. It looks like the group really saw his shadow last week. A very good crowd was out for Sunday School Sunday morning at Hollywood. There were no services on Sunday night due to bad weather and sickness.

Conway Diet Plans Begins Again Here

The Conway Diet Institute of Appomattox reopened for the new year with amazing results. From well attended meetings come a total weight loss for the month of January at over 95 pounds.

An educational approach to weight loss is used by the Conway Diet Institute to teach its clients how to take weight off fast and keep it off. The 1,000 calorie a day diet, reinforced with weekly meetings, provide rapid weight loss.

Now nine years old, the Institute conducts 700 weekly meeting in 22 states.

Topics for the meetings, which encourage member participation, include nutritious dieting, emotional conditioning, health and longevity, the profile of an overweight person, behavior modification, and will-power/desire. The groups discuss cause of overweight, attitudes toward food, home environment, anxiety/overeating, and responses to challenge and success.

The diet itself is a 1,000 calorie, highly nutritious and satisfying program which exceeds all the daily nutritional requirements established by the AMA. It consists of three well-balanced meals a day plus snacks.

The Institute publishes its own cookbook, Appetizing Slendersizing Recipes, which is filled with delicious recipes and food preparation hints.

After members have reached their ideal weight, they are taught how to reintroduce into their daily eating patterns, in moderate amounts, the fattening foods they have given up. The program promises permanent slimness if the members use the knowledge, insight and motivation that they have developed at seminars.

Headquarted in Columbus, Ohio, the Institute had its beginnings in Virginia in January, 1977. Betty Tinsley of Darlington Heights is lecturer for the Appomattox class. Mrs. Tinsley attended Longwood College and was employed by the Foreign Mission Board of the Southern Baptist Convention in Richmond. She later worked in the shipping office of Appomattox Garment Company, and is now employed solely by Conway. Further information may be procured by contacting Mrs. Tinsley at 248-6771.

Area Meetings -
Appomattox - Mondays, 7:30 p.m., Fidelity Bank Bld., Moses St.

Miss Mary Bryant and her escort, Ralph Hamlet are shown in above photo taken when they attended the Inaugural Ball held honoring Governor John N. Dalton.

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Richfood 8 oz. pkg. P & P LOAF 69¢
Richfood 8 oz. pkg. BOLOGNA Beef and all meat 69¢

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PAMPER'S Toddler 12's $1.49
Tony's PIZZAS 20¢ OFF Regular Price Free Samples Friday & Saturday
Richfood Macaroni & Cheese Dinner 7¼ oz. box 4/88¢
Nabisco Chips Ahoy 13 oz. Choc. Choc. Chip 13 oz. Coco. Choc. Chip 13 oz. Ritz 1 Lb. Box 79¢
Orville Redenbacker POPCORN 30 oz. jar SAVE 20¢ $1.59
Russet Baking Potatoes No. 1 Sweet Potatoes 4 Lbs. $1.00 Mix or Match
TOMATOES 3 Lbs. $1.00
Golden Ripe BANANAS 2 Lbs. 39¢
Fresh CELERY Large stalk 3/$1